

## WHAT IS THE MMPC?

A refuge which provides safe emergency and temporary accommodation to women and children as described in the Domestic Violence Act, Act No. 116 of 1998. This includes emotional, verbal and psychological abuse as well as physical, sexual and economical abuse, intimidation, harassment, stalking, damage to property or any other controlling or abusive behaviour.

## WHERE IS IT SITUATED?

The MMPC is in the Metsweding district, rendering services to surrounding communities. To protect victims and ensure that they feel safe the physical address cannot be revealed.

## WHY THE NAME MMPC?

Mali Martin is a German lady who convinced her husband to open a Care Centre for women in each country his business (Semikron) operated. Polokegong is a Sotho name, meaning place of safety.

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### How to contact us:

Emergency no : 083 684 7737  
Telephone no : [013] – 935 8032  
Fax no : [013] 935 8031  
Box 2632  
Bronkhorstspuit  
1020  
Email: [malimartin@penta-net.co.za](mailto:malimartin@penta-net.co.za)

Contact can also be made with the Centre via:

#### The Police

BHS [013] 9351463  
Cullinan [012] 734 0751  
Boschkop [012] 8021084  
Welbekend [011] 9641949  
Kwamahlanga [013] 9472865

#### Dept of Justice

BHS [013] 9322901  
Cullinan [012] 7341989  
Kwamahlanga [013] 9472362  
Pretoria [012] 3194000

#### Dept of Social Development

BHS [013] 9322965  
Pretoria [012] 3284026



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Banking Details:

ABSA Bank Bronkhorstspuit  
Acc No : 4055709259  
Branch Code : 334150

## *Mali Martin Polokegong Centre*

*NPO 033-805*



*For the Empowerment  
of  
families who are victims  
of  
Violence*



## Mali Martin Polokegong Centre

Protecting our  
Women & Children

### SOME BACKGROUND

The MMPC started to function on the 6<sup>th</sup> of January 2003.

The Centre is administered by a Management Committee consisting of representatives from SAPS, Dept of Justice and interested community members. 6 Permanent staff members see to the smooth running of the Centre on a 24 hour basis. The Centre can accommodate 20-30 women with their children.

### WHAT SERVICE DO WE PROVIDE?

- Provision of basic needs like food, clothing, toiletries and health services.
- Protection and safety in a friendly but enclosed environment where women and children are able to settle down and come to terms with their situation.
- Counseling, support, advise and help services are rendered to any member of a family who might be in a risky situation.
- Assisting, encouraging and empowering women to focus on their future, whether this involves starting a

new life elsewhere, returning to the relationship or reunification with family members.

- Educating and informing the public and voluntary bodies regarding all forms of violence including partnerships with relevant entities to ensure that victims have access to holistic services.
- Women and children are also involved in different developmental programmes which include HIV/AIDS, parental guidance, skills training activities and poverty alleviation.

### COMMITMENT

The Centre is committed to adhere to the rights of victims as described in the South African victim's charter.

- The right to be treated with respect and dignity
- The right to offer information
- The right to receive information
- The right to legal advice
- The right to protection and
- The right to compensation

### CYCLE OF VIOLENCE

The cycle can happen hundreds of times in an abusive relationship. Each stage lasts a different amount of time in a relationship, and may become more severe over time. The total cycle can take anywhere from a few hours to a year or more to complete. It is also important to remember that not all domestic violence relationships fit the cycle. Often, as time goes on, the "making up" and "calm" stages disappear.

